



# Sacred Heart Mother Son Event!!!

## In the Gym

Come join us for food, refreshments  
and to learn self-defense.

Special Guest instructor  
Sensei Allan Bernstein from



He will be teaching kickboxing and Kenpo Karate.  
It's going to be a high energy, fun class for all.

Date: January 20, 2017

Time: 6:30pm – 9:00pm

Cost: \$11.00 per person

PLEASE NO CASH (Make checks out to Sacred Heart School)  
**NO REFUND**

RSVP to Anne Marie De Paolo at  
845-642-2815 by Wednesday January 18, 2017  
Remove bottom and return to Mother Son Event

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Last name \_\_\_\_\_ Grade Level \_\_\_\_\_

# of people attending \_\_\_\_\_